

# EMTC NEWSLETTER

## October 2022

---



Dear EMTC-Delegates,

We hope that you and your families have time for vacation during the summer to relieve fatigue and energise yourself. In the upcoming autumn with a new fresh air, we are all approaching our work with new challenges and energies.

### Events upcoming

As you know European Music Therapy Day is coming for all of us on November 15th. You can find more information on <https://musictherapyday.eu/>

We are grateful to Croatian Music Therapy Association, who realised the theme, song and flyers to spread this important event for our profession in Europe and beyond.

We want to announce that **on November 22nd, 2022** World Federation of Music Therapy (WFMT) and EMTC will together celebrate MT Day with a webinar related to the theme “Music begins”. You will receive more details regarding this event soon.

## New Country Representatives

We would like to present and cheer the new Country Representatives in the EMTC.  
We are looking forward to meeting and working with you!  
Welcome!



Daniela Morais (Portugal)



Filippo Giordano (Italy)



Lieselotte Steenkiste (Belgium)



Irini Ioannou (Cyprus)

## EMTC - Core Board

After the GA, the Core Board had 8 meetings to plan the initiatives and projects that arose during the General Assembly held in Edinburgh on June 7-8th.

Our topics included the following issues:

- The transition process from the “Retired Core Board”. With this picture, we’d like to say ‘Thank you’ again to Esa, Melanie and Alice for their huge work in the last six years!



- Finding a good work flow
- Working about statutes and bank
- Reviewing and finalising the GA minutes - see attachment
- Meeting with Anita Swanson, WFMT President and Marinella Maggiori, WFMT RL Europe to improve connection and relationship with EMTC
- 1° Meeting with the organisers of Emtc 2025 Conference in Hamburg

## EMTC - Board

Additionally, the Board also met on September 5th since the GA. The Core Board shared the work developed so far and Regional Coordinators gave their valuable contribution with some inputs and new challenges.

The Northern Group proposed the "EMTC talks" project: interviews of the CRs from the EMTC published on Facebook and YouTube EMTC channels so that people could know more about the CRs, the work they do, and some specific considerations about music therapy in Europe.

Episode 1 is: Katarina Lindblad interviews Gustavo Gattino

Link:

<https://panopto.aau.dk/Panopto/Pages/Viewer.aspx?id=17ea7183-c69f-4a84-9718-af090186b838>

**We invite all the CRs to contact their Regional coordinator to organise their interview and disseminate it!**

## EMTS Commission

The EMTS-Commission has put together information regarding the status of the development of competencies for music therapy training in the member countries of the EMTC, as well as a short survey that the heads of training programs can fill out in order to give feedback. This is an important milestone in the development of standards for music therapy training in our countries. The CRs received the survey to spread with heads of MT training programmes in Europe to gather information from existing training programs relevant for the formulation of recommended standards for music therapists in Europe that ensure safe and effective practice.

## News from Action Teams

### *Public Relations Action Team*

The PR AT is searching for new/ more members! At the moment there is only one amazing member of this Action Team. We are looking for some people who are eager to search for content for the website: small articles, news, facts and figures...

If you have interest and feel that you can give a contribution to this AT, please contact the CR Katie Roth (Latvia): keitijaroth@gmail.co !

### *Supervision Action Team*

Name of head of Action Team: Malle Luik

#### 1. Status/Events/Developments/Achievements:

Supervision AT completed the questionnaire (format Google Forms) in spring 2022, in order to gather information about Music Therapy Supervision in different countries in Europe. We tested the questionnaire amongst the team members, and 6 countries have completed it. Supervision AT have waited for the answer from the board from April, 04. 2022.

In the last GA meeting in Edinburgh there was decided that the questionnaire will be reviewed by the "old" and "new" board of EMTC and it will be sent out to EMTC representatives during September (2022).The further work and goals of our AT depends largely on responses of the various associations to the questionnaire. Now we are currently awaiting a response from both boards.

2. **Next goals** : Sending the questionnaires survey to EMTC professional Associations. Analysis and summary of the results. Dissemination of the results making suggestions and recommendations to EMTC professional Associations.

### *Continuing Professional Development Action Team*

The AT CPD has shrunk quite a bit, but at least we were able to win over one new member: Gustavo from Denmark! Welcome!

Therefore, the urgent call to all CRs: CPD is a very important topic, there are similarities or overlaps with the AT Supervision, Recognition, Accessibility, and possibly also Research. One task in the current working year is the development of standards for training events that are allowed to bear the "stamp" EMTC. We will use the results from last year's study for these standards. Thank you for your participation!

We also are working on another survey that will present us preferences regarding formats and themes for CPD in Music Therapy in the EMTC member countries. We are also thinking about writing an article about all the current CPD activities in our member countries.

### ***Accessibility Action Team***

Name of head of Action Team: Claudia Bajs

#### **1. Status/Events/Developments/Achievements:**

This AT is new – the idea arose at the GA in Edinburgh. We will have our first meeting via Zoom on October 22, so there is not a lot to report on yet.

But there have been initial consultations with the organisers of the next EMTC conference in Hamburg about shared aims regarding the topic of Accessibility and the mutual wish to cooperate.

The concrete next goals of this group and an action plan will be discussed together at our meeting in October. We are happy to welcome any CR that is interested to join our group!

### ***Research Action Team***

Name of head of Action Team: Dr. Tali Gottfried

#### **1. Status/Events/Developments/Achievements:**

The research Database was launched at the EMTC conference in June, Edinburgh, during a roundtable led by representatives from our team (Tali, Elide and Laurien). The feedback from the audience, as well as from our guests (Dr. Thomas Stegemann, Dr. Clair Ghatti, Dr. Jorg Fachner & Dr. Katrin Foubert) were excellent! It seems that our hard work and investment was fruitful, as the open access database was perceived as needed and seems to fill an existing gap. Stefan Mainka and Katie Roth made the Database accessible

on the EMTC website. A google form attached to the website enables MT researchers to complete details of their studies which they wish to appear at the Database. We have decided to record short "research stories" and post them at the EMTC YouTube channel and website, to allow clinicians know about music therapy studies, and bridge between research and clinical work.

2. **Next goals:** Decide who will be responsible for updating the database once or twice a year. Prepare a short checklist for reviewing the google forms completed on site. Record the first "research story"; work on the report for Approaches review.

We warmly invite more CRs to join our vibrant team !

## **Recognition Action Team**

**Name of Action Team:** Recognition Action Team

**Name of head of Action Team:** Ann Majerus (L), Dominique Praquin (F), Boglarka Kertész-Farkas (H), Lenka Kružíková (CZ), Angelica Postu (RO)

### **1. Status/Events/Developments/Achievements:**

The Action Team has managed to reach all the goals which were set for the period between GA 2021 and 2022, therefore, at present we are gathering info from all EMTC CRs on how our action team can help their work at an individual and at a national level in the journey of legal recognition and regulation, what are the next steps we may be helpful for them to take, moreover, how EMTC can play a supportive part in that process at a European level.

### **2. Next goals:**

Creation of a google form for this purpose, which will soon be forwarded to all EMTC CRs to fill in. Possible cooperation or joint future projects with other EMTC action teams, to gain more insight on that after the previously mentioned and filled google forms are returned. The possibility of setting up a database with legal-, and not data protected, but official and country specific documents (from EMTC countries where MT is already regulated and legally recognised), which may help non-regulated and not legally recognised, "in the process" countries to see the practical steps in the legal procedure of recognition and regulation.

Link to the Recognition AT form:

[https://docs.google.com/forms/d/1Nf-pPJge4ll0N0wvoXQph2Bxz1FgMLA9gLGgyOHgmo/vi/ewform?edit\\_requested=true](https://docs.google.com/forms/d/1Nf-pPJge4ll0N0wvoXQph2Bxz1FgMLA9gLGgyOHgmo/vi/ewform?edit_requested=true)

## **News from the Regions - Regional Coordinators**

### ***North Region Group***

In the North region, we have already held two meetings (September and October 2022). Among the main topics, we should highlight the beginning of the EMTC talks project, which is a program to initially interview the CRs of the region. In addition, another meaningful action is that in each meeting, we are opening a space for each CRs to present a little about music therapy in their country. In these two meetings we had, it was possible to hear each country's main characteristics and challenges and difficulties from the report of each CR. Also, we had the chance to listen to the CRs on how the EMTC North region and the EMTC in general can help them to develop their activities in each county . Until now, we had the opportunity to listen to the reports of the CRs from Ireland, Latvia and Lithuania. Although there is information about each country on the EMTC website, it is essential to hear the report of each colleague in a more subjective way. Among the main news from our region, the 25 years of the Lithuanian Music Therapy Association is worth mentioning. At this moment, we still do not have new representatives from Norway and the United Kingdom. The goal for the coming months is to continue with the presentation of each country and discuss how we can plan some concrete actions in our region, as mentioned in our plan for the period 2022-2025.

### ***Middle Region Group***

After the summer break, the first meeting of the Middle Region Group will take place at the end of September.

After the departure of Marketa we are happy to welcome Lenka from the Czech Republic, who will be a part of our group from now on, furthermore Julia Martyn joins us as Observing Member from Ukraine.

First of all, we will get back into the mood of working together and use the time until the next GA as productively as possible.

### **South Region Group**

The South Region met in September. We welcome Filippo Giodano (CR Italy) Daniela Morals (CR Portugal), and Irini Ioannou (CR Cyprus), and wish the best to Iosif Karpatanis who stands down as CR Cyprus. This year's EMTD song is from Croatia, and invites creativity, improvisation and words. In Romania, a postgraduate course in MT may be offered within a few years. In Greece a court ruling has finished a long-term conflict between principal MT associations. In Serbia, music therapists find stable work in health and psychiatric settings, but suffer instability in schools. In Israel, however, MTs enjoy stability as the majority of younger MTs work through the Education Ministry, which supports arts therapy for children, and then move on to work through the Health Ministry. In Italy and Spain, therapy is privately financed, and there is some confusion between trained MTs and well-meaning musicians. Spain is promoting accreditation to boost professional unity. In Portugal, the parliament members are expected to vote on a proposal to legalise the profession. Bulgaria will celebrate the 5th national Conference online from 4-6 November with international speakers. Türkiye has just celebrated a symposium in the context of the international MIDDEL research project.

### **News from Students**

After the meeting in Edinburgh, led by Gustavo Gattino, the main conclusions and demands raised by the students were presented to them. Based on these demands, it was found that one of the main interests of the students is to discuss themes related to diversity, social justice and representation in music therapy. As a result, a virtual meeting will be held on the 23rd of November at 7 pm (Central European Time zone) for the students, where the presence of music therapists Sue Baines and Susane Hadley has already been confirmed as one of the speakers at this meeting.

## Looking back...

... with a sunny picture of some CRs smiling after the GA 2022 in Edinburgh..



**We wish you a good work flow !**

Elide, Nele, Rita, Catherine, Elisabeth & Gustavo

### General Glossary

AT - Action Team

CB - Core Board

CPD - Continuing Professional Development

CR - Country Representative

GA - General Assembly

RC - Regional Coordinator